### **ACTIVITY REPORT 2016 - 2017**

**FACULTY: SCIENCE** 

**DEPARTMENT/ COMMITTEE:** BIOCHEMISTRY

IQAC ACTIVITY No: SVC/2016-17/BIOCHEM/SOC/3

NAME OF THE ACTIVITY: SYMPOSIUM AND EXHIBITION ON ALTERNATIVE MEDICINE (SEAM)			
DATE	FACULTY	DEPARTMENT/ COMMITTEE	COORDINATORS NAME
01-03-2017	SCIENCE	BIOCHEMISTRY	Dr Nandita Narayanasamy (Convenor) Dr Sarika Yadav (Co-Convenor) Dr Nitika Kaushal (Co-Convenor)
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor
10:00 am – 3:00 pm	Room No 57 (Science Block) and Front Lawns, SVC	Approx. 111 student	Lectures – Indoor Exhibition – Outdoor
SUPPORT/	Department of Biochemistry Association Funds, SVC and DBT Star Status Grant, Sponsorship for Stall Participants		

### BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION – II, III, V, VII):

TOPIC/SUBJECT OF THE ACTIVITY	Symposium and Exhibition on Alternative Medicine (SEAM)	
OBJECTIVES	The aim of <i>Symposium and Exhibition on Alternative Medicine</i> ( <i>SEAM -2017</i> ) was to offer a unique opportunity to the participants to get insights into various forms of alternative medicine and their significance in attaining wellness. Lectures from distinguished scientists were organized to help the students understand the scope and application of Alternative Medicine.	
METHODOLOGY	<ul> <li>Lectures by distinguished scientists and clinicians.</li> <li>Exhibition on types, methodology and products of alternative medicine.</li> <li>Student activities such as Yoga and Face painting.</li> </ul>	

OUTCOMES	<ul> <li>The symposium helped the students to understand the relevance of Alternative Medicine.</li> <li>The symposium gave the students a chance to understand various types of Alternative Medicine therapies as a career choice.</li> </ul>
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### **PROOFS & DOCUMENTS ATTACHED** (Tick mark the proofs attached):

Notice & Letters	Student list of participation	Activity	Photos	Feedback
$\sqrt{}$		report $\sqrt{}$		form
Feedback	News clip with details	Certificate	Any other	
analysis	_		-	

IQAC Document No:	Criterion No:	Metric No:
Departmental file no:	IQAC file No;	

NAME OF TEACHER &	NAME OF HEAD/	IQAC COORDINATOR
SIGNATURE	COMMITTEE INCHARGE &	(SEAL & SIGNATURE)
	SIGNATURE	
Dr Nandita Narayanasamy	Dr Nandita Narayanasamy	Dr N Latha
Dr Sarika Yadav	Teacher – in – charge	IQAC Coordinator
Dr Nitika Kaushal	Department of Biochemistry	

### For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II		Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

#### SYMPOSIUM AND EXHIBITION ON ALTERNATIVE MEDICINE (SEAM 2017)

Department of Biochemistry organised a *Symposium and Exhibition on Alternative medicine* (*SEAM-2017*) on March 1, 2017 under aegis of "Catalysis", the Biochemical society of Sri Venkateswara College.

The term Alternative Medicine refers to any form of medicine that is outside the mainstream of today's dominant healthcare system as practiced by most doctors. SEAM 2017 was aimed at giving the students an opportunity to learn that Alternative Medicine is a broad field encompassing many forms of new age healing processes including Ayurveda, Homeopathy, Naturopathy, Yoga, Acupuncture, Acupressure, Magneto therapy, Shiatsu, Herbal Medicine, Meditation, Aromatherapy, Bach Flower Remedies, Chromo therapy, Diet therapy, Hydropathy and Reiki. The symposium emphasized on "holistic health" and therefore included lectures, exhibition and activities on body therapies, diet and herbal approaches, external energy therapy and recognition of the power of connection between mind, body, senses and soul for overall health.

SEAM- 2017 was inaugurated by Dr. N. Srikanth, Dy Director General, CCRAS, Ministry of AYUSH, Government of India. He delivered the keynote address on how alternative medicinal practices not only treat, rather also help attain a healthy life. This was followed by the release of Departmental Magazine "Expressions" which was named "AAROGYA" for the year 2017-18. Leading Ayurgenomic scientist Dr Bhavana Prasher from CSIR – IGIB talked about how to integrate methods and practices of Ancient Indian predictive and personalized medicine, Ayurveda with modern genomics and to decipher the modern biological basis underlying the principles of Ayurveda. This was followed by a talk by a distinguished clinician, Padmashri Dr. V. K. Gupta who talked about the history of development of the field of Homeopathy and its scope, applications, and relevance in current times.

An exhibition was also organized in the front lawns of Sri Venkateswara College to showcase activities, products and hands-on sessions for various alternative medicine practices. Ath Ayurdhamah (Ayurvedic Wellness Centre), Dr Gita Gupta (Reiki specialist), Bhargava Phytolab (Homeopathy Practice Centre) were among the participants at the exhibition. Students organized a yoga demonstration and a face painting competition in line with the theme.

The symposium succeeded in stressing upon the fact that alternative medicine can help one attain a stress-free mind and soul for attainment of proper balance in life.







Dr N Srikanth (Dy Director General, CCRAS, Ministry of Ayush) inaugurating Symposium and Exhibition on Alternative Medicine on 01 March, 2017





Lectures by distinguished scientists and clinicians at SEAM 2017





Exhibition on Alternative Medicine at SEAM 2017





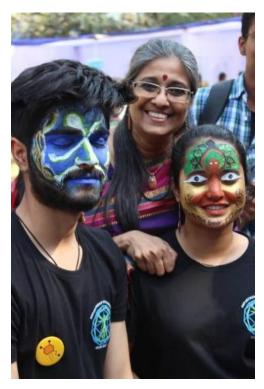
**Exhibition on Alternative Medicine at SEAM 2017** 

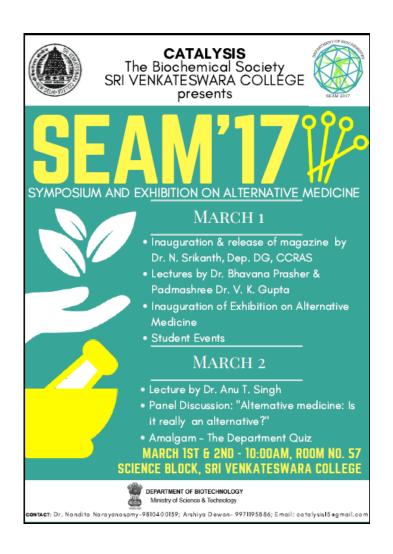




**Student Activities at SEAM 2017** 









Convenor SEAM-2017

# SYMPOSIUM AND EXHIBITION ON ALTERNATIVE MEDICINE (SEAM-2017)

SEAM 2017

Principal Sri Venkateswara College

March 1-2, 2017

#### **CERTIFICATE OF PARTICIPATION**

This is to certify that Dr./Mr./Ms.	of
attended the <i>Sympo</i>	sium
and Exhibition on Alternative Medicine (SEAM-2017) as	
neld on March 1-2, 2017 organized by Department of Biochemistry, Sri <u>Venkateswara</u> C	ollege
University of Delhi). The Symposium was supported by Department of Biotechnology (	DBT),
Government of India.	
Dr. Nandita Narayanasamy Dr. P. Hemalatha I	Reddy

## **Students Attendance List (2016-17)**

S. No.	Roll No.	Name of the Student
1	1216001	Naintara Jain
2	1216004	Sncharita
3	1216006	Kanika
4	1216008	Harshit
5	1216009	Jyotsna
6	1216013	Aditya
7	1216014	Anmol
8	1216017	Sameeksha
9	1216019	Nikita
10	1216020	Harsh
11	1216021	Varun
12	1216023	Bharti
13	1216025	Mahima
14	1216026	Mayank
15	1216030	Taijasi
16	1216031	Pranjal
17	1216032	Sahil Kumar
18	1216033	Drishan
19	1216034	H. Gauri
20	1216035	Swati
21	1216036	Sunny
22	1216038	Aayush
23	1216039	Samruddhi
24	1216041	Vaishali
25	1216042	Vishal
26	1216043	Nandika
27	1216045	Israt
28	1216046	Lulbiakdiki
29	1216047	Ngachansing
30	1216048	Vaishali Goyal
31	1216049	Dawa
32	1216050	Adiba
33	1216051	Priyanka
34	1216052	Prarthana
35	1216053	Astha
36	1216054	Avika
37	1215001	Radhika
38	1215006	Eeshita
39	1215007	Aishwarya
40	1215008	Rohan Kapoor
41	1215010	Abinav

42	1215013	Shagufa
43	1215014	Waqma
44	1215016	Samoel
45	1215017	Bhoomika
46	1215020	Akansha
47	1215021	Ifrah
48	1215021	Shiyani
49	1215023	Charvy
50	1215024	Sakshi
51	1215025	Tanushka
52	1215026	Nikita
53	1215027	Himanshi
54	1215027	Mehar
55	1215028	Shivam
56	1215034	Anushka
57	1215034	Surbhi
58	1215037	Vanshika
5 <u>6</u>	1215040	Md. Areeb
60	1215040	Himani
61	1215042	Akash Kumar
62	1215045	Shivangi
63	1215049	Raju Kumar Thakna
64	1215044	Avtar
65	1215050	Kuldeep
66	1214005	Shraddha
67	1214005	Nikita
68	1214007	Nidhi
69	1214009	Gaurav
70	1214010	Sakshi
71	1214015	Vithika
72	1214016	Krithika
73	1214017	Arshiya
74	1214019	Kriti
75	1214020	Karan
76	1214021	Manish
77	1214021	Anjali
78	1214023	Yashvir
79	1214024	Twinkle
80	1214026	Rohan
81	1214027	Vitasta
82	1214028	Dristi
83	1214031	Rashmika
84	1214033	Tushar
85	1214034	Megha
86	1214036	Aishwarya
	121.030	111011111111111111111111111111111111111

87	1214037	Priyanka
88	1214038	Abhilasha
89	1214039	Varsha
90	1214041	Abhishek
91	1214042	Devesh
92	1214043	R. Shriti
93	1214044	Rohit
94	1214045	Lakshay
95	1214046	Devesh
96	3016011	Anjali
97	3016023	Anjali Gaur
98	3016006	Ankit
99	3016016	Bharti
100	3016025	Diksha Motan
101	3016013	Gyan Prakash Rai
102	3016020	Jyoti
103	3016014	Lalit Prakash
104	3016004	Meetaksh Kanoboj
105	3016002	Neetika Naudiyal
106	3016019	Nisha singh
107	3016017	Nisha Sinha
108	3016009	Prabhjot Kaur
109	3016010	Prerna singh
110	3016021	Sunil Kumar
111	3016015	Swechha Pal



# SRI VENKATESWARA COLLEGE (University of Delhi)

# Internal Quality Assurance Cell

#### Chairperson

Prof C. Sheela Reddy Principal Sri Venkateswara College

IQAC Coordinator

Dr. N. Latha
Department of Biochemistry

External Members
Prof Debi P Sarkar
Department of Biochemistry

University of Delhi South Campus

Prof Alo Nag University of Delhi South Campus

Dr. Gitanjali Yadav NIPGR, Delhi

Internal Members

Dr. Meenakshi Bharat Department of English

Dr. Lalitha Josyula Department of Electronics

Dr. Namita Pandey Department of Political Science

Dr. A. K. Chaudhary Department of Physics

Dr. K.C. Singh
Department of Physics

Dr. Swarn Singh
Department of Mathematics

Dr. Neeraj Sahay Department of History

Dr. Vartika Mathur Department of Zoology

Dr. Shruti Mathur
Department of Commerce

Dr. Padma Priyadarshini Department of Sociology

Dr. Nimisha Sinha
Department of Biochemistry

Shri D. Venkat Ramana A.O(1/C)

This is to certify that the Activity report (Teacher/Department /Society/Association) has been submitted for documentation to IQAC, Sri Venkateswara College, University of Delhi.

IQAC Coordinator Sri Venkateswara College

Coordinator, IQAC Sri Venkateswara College (University of Delhi) Dhaula Kuan, New Delhi-110021 PRINCIPAL
Sri Venkateswara College
PRINCIPAL

Sri Venkateswara College (University of Delhi) Dhaula Kuan, New Delhi-110021

Website: www.svc.ac.in

E-mail: iqac@svc.ac.in